Concussion Management Program

After one season of our association being a part of the concussion management program, we feel the program is helping to provide a safe return to play for players. Our association will continue with the program in the 2012-2013 season, making it mandatory for baseline testing for all rep players and optional for players at the local league level. The cost will remain at $25.00 and will be collected with team fees at the beginning of the season.

The following is some basic guidelines if a head injury is incurred and the return to play guidelines.

* If a player is suspected to have suffered a concussion, the first step is to go to your family physician for confirmation. Once a concussion is confirmed by the family doctor, please get a referral from the physician to see a sports medicine doctor. Next, call Grand River Sports Medicine (519-571-7111) and book an appointment with a doctor there for a concussion assessment and make them aware that the player has had the baseline testing.
* Throughout the process, please keep the coaching staff aware of the progress and timelines to return that have been communicated by the physician.
* Once the physician has cleared the player to return to games, provide a physicians note to the coaching staff so they have confirmation the player has been cleared.

During this entire process, I am available to answer any questions you may have with regards to the program. Below are some links to some important information that may be helpful in case of injury.

[Return to Play Guidelines](http://woolwichwild.com/Public/Documents/Concusion%20Managment/RTP_Guidelines.pdf)

[Parent/Guardian Information](http://woolwichwild.com/Public/Documents/Concusion%20Managment/Parent%20Info.pdf)

[Coaches & Trainers Information](http://woolwichwild.com/Public/Documents/Concusion%20Managment/Coaches%20Info.pdf)

[Sports Concussion Management Tool (Scat 2)](http://woolwichwild.com/Public/Documents/Concusion%20Managment/SCAT2.pdf)

[Pocket Scat (Trainers)](http://woolwichwild.com/Public/Documents/Concusion%20Managment/Pocket_SCAT2.pdf)

Tammy Willms

President